

**NASA LANGLEY CHILD DEVELOPMENT CENTER
STUDENT MENU**

Menu 3 On a Cyclical Cycle

	Breakfast	Lunch	Snack
M O N	Sausage biscuits Orange wedges Milk	Chicken & Noodles Broccoli Mandarin oranges Milk	Granola Bars Milk
T U E S	Muffins Diced Peaches Milk	Vegetable Beef Soup Cheese & crackers Apple wedges Milk	Tator Tots Apple Juice
W E D	Cinnamon Toast Mandarin oranges Milk	Tuna Fish Sandwich Sweet peas Fruit Cocktail Milk	Tortilla Chips & Cheese Fruit Punch
T H U R S	Scrambles Eggs Toast with jelly Applesauce Milk	Beef & macaroni Casserole Green beans Diced Pears Sliced Bread Milk	Graham Crackers Grape Juice
F R I	Cheerios with milk Orange juice	Chicken Nuggets Mixed Vegetables Pineapples Milk	Goldfish Crackers Apple Juice

Substitutions for:

- Cheese toast or cheese sandwich or peanut butter toast, ham, turkey or bologna sandwich
- Crackers & cheese or peanut butter crackers
- Macaroni & cheese or chicken noodle soup or chicken & rice soup
- Pizza or English muffin with tomato sauce or spaghetti sauce base, topped with either sausage, hamburger, ham or turkey
- Biscuit or peanut butter toast